

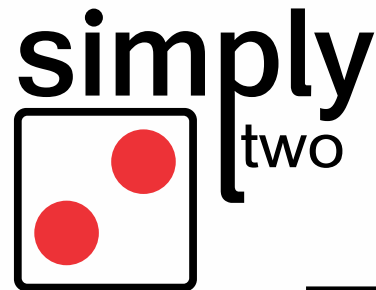
SIMPLY TWO

by Gurbeer Singh Chawla



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- Spiritual Guide & Mentor
- Women Entrepreneur
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Book Series



- **Two things one must possess to reach high magnification and prosperity in life?**
 - Sincerity.
 - Hard work.
- **Two things that inspired you to become spiritual guide and mentor?**
 - My desire to make a difference in others' life in a positive way.
 - The zeal to know about "the being" in me.
- **Two challenges you faced to establish your professional career as life and business coach?**
 - During the initial phase of career, my communication skill was an impediment which I gradually overcame with the sheer hard work.
 - Finding a right organization to work with was another obstacle which finally ended when I got associated with the "Vestige Group".
- **Two major achievements as women entrepreneur?**
 - Was able to build a group of women leaders who in turn are in the process of building their own team.
 - I had worked a lot on women hygiene and consumer empowerment.
- **Two things you want to say about happiness and positivity in present stressful life?**
 - The material things certainly can provide a lot of comfort in your life but happiness has nothing to do with the worldly things. It's a state of mind.

- I think first step towards achieving happiness in life is to treat every human being equal, irrespective of their back ground and social status. This will make yourself humble which is another step forward in accomplishing your goal to attaining ultimate happiness.

Two changes in your life after Rajyog education?

- Rajyog has facilitated me in the process of exploring my inner self which eventually led me to form a connection between me and the supreme.
- I now feel more calm, peaceful and perceive myself to be part of the larger cosmos.

Two personalities who inspired you most?

- Sister Shivani - Brahmakumaris.
- Shri Guatam Bali - founder of Vestige group.

Two things you focus to balance your professional and personal life?

- Always keep my professional and personal life separate.
- My meditation schedule has enormously helped me in this endeavor.

Two things about people that vex you?

- I have nothing to say to them.
- Time will certainly come when they realize that vexing people is just a waste of time.

Two decisions of your life you never regret?

- Marrying an unknown person (as it was an arranged marriage).
- My affiliation with the Brahmakumaris.

Two of your favorite books?

- Badi Soch ka Bada jadoo.
- Happiness Unlimited.

Two religious values you abide by?

- I prefer to be called as spiritual being rather than religious. The most revered spiritual values according to me is humility.
- Total surrender to the supreme God.

Two values of life your parents have given you?

- Discipline.
- Perseverance.

Two things you optate to verbally express to your reprovers?

- God bless you.
- I refuse to take your point of view.



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Two things you do for your jubilation?

- Meditation.
- Cooking.

Two things you want to say about your life partner?

- He is the best thing that could ever happen to me.
- He is a role model not only for me and kids but to several other people.

Two best things of nature which attracts you?

- Serenity.
- Generosity.

Two lessons COVID 19 has given to world?

- Family values.
- Importance of hygiene.

Two goals that you want to achieve in life?

- Make a mark in the Network Marketing industry.
- Live a blissful and peaceful life.

